



THE CIVIC

New Bern Civitan Club's Award Winning Newsletter



Chartered October 4, 1956

Celebrating our 61th Year

August 1, 2017

TWO CHARITIES RECEIVE DONATIONS



Pictured Left to Right: Kimsey Welch, Alison Dunn, Dev Lippitt, Jan Snyder, Kehli Saucier

At this month's evening meeting, our members heard reports from two of our charities – Reviving Lives Ministries (RLM) and Promise Place. Each organization received checks of \$1000 each from the Club's charity budget.



Kehli Saucier, Executive Director of RLM and Kimsey Welch, retired Supervisor, spoke on the organization's behalf. RLM assists men and women who are dealing with the consequences of substance abuse to find and maintain recovery. It provides clean, sober, substance-free, residential environments, and a structured, faith-based, 12-step recovery program, including AA/NA meetings, 12-step classes, spiritual meetings, educational, vocational, wellness and life skills training.



Dr. Alison Dunn, Outreach Coordinator of Promise Place spoke on their behalf. Promise Place is a 501 C3, non-profit organization serving Craven, Pamlico and Jones counties. It serves men, women, children and families who have been affected by sexual violence. They run a 24 hour crisis line.

Both charities assist people in need in our community. We are proud to be able to help these organizations which strive to relieve the anguish suffered by the individuals serviced by them.

HAPPY BIRTHDAY!

AUGUST CIVITAN BIRTHDAYS

Bill	McHale	August 01
Richard	Bartholomew	August 03
Tim	McLear	August 09
Renee	Salvaterra	August 12
Mary	Williams	August 13
William	McClinton	August 19
Bill	Baldree	August 20
Dev	Lippitt	August 20
Doc	Dougherty	August 22
Jeff	Williams	August 29
Fred	Yost	August 29

AUGUST CIVITAN ANNIVERSARIES

Ben	St. John	August 2005
Eugene	Long	August 2005
Fred	Yost	August 2011
Amy	Willis	August 2012
Ken	Lewis	August 2013
Jason	Willis	August 2014
Sandra	Cottuli	August 2015
Jerry	Frank	August 2015

New Bern Civitan Club Web Page
www.newberncivitanclub.org
 North Carolina District East Web Page
<http://www.ncdecivitan.org/>
 Robert Brock, THE CIVIC Editor
 Email: robertbrock@yahoo.com

The Civitan Creed



I am Civitan: as old as life, as young as the rainbow, as endless as time.

My hands do the work of the world and reach out in service to others.

My ears hear the cry of children and the call throughout the world for peace, guidance, progress and unity.

My eyes search for others to join in the fellowship and service of Civitan.

My mouth utters the call to daily duty and speaks prayers in every tongue.

My mind teaches me respect for law and the flag of my country.

My heart beats for every friend, bleeds for every injury to humanity and throbs with joy at every triumph of truth.

My soul knows no fear but its own unworthiness.

My hope is for a better world through Civitan.

My motto: builders of good citizenship.

My belief: do unto others as you would have them do unto you.

My pledge: to practice the Golden Rule and to build upon it a better and nobler citizenship.



OFFICERS

President
 Dev Lippitt
President-Elect
 Jan Snyder
Secretary
 Helen Shine
Assistant Secretary
 Jan Manning
Treasurer
 Joe Judd
Chaplain
 Bill Baldree
Sergeant-At-Arms
 Ken McCain
Education Officer
 Jan and Bill Snyder

DIRECTORS

<u>Two Year</u> (Term expires 9/30/2018)	<u>One Years</u> (Term expires 9/30/2017)
Jody Hudson	Betty Todd
Irv Geary	Karen Crump
Ernie Williams	Gene Cesca
Bill Snyder	Renee Salvatore

New Bern Civitan Club

August 2017 Calendar

- | | | |
|--------------|-----------------|---|
| 4 | Friday | .Lunch Meeting at Hibachi—11:15 Eat & Socialize
12:00 Meeting—Speaker Officer Joshua Jensen NB Police Academy |
| 5 | Saturday | Craven County Summer Sweep—Contact Jody Hudson |
| 8 | Tuesday | RCS Soup Kitchen—Contact Cindy Scalion |
| 10 | Thursday | Dinner Meeting at Famous Restaurant
5:30 Eat and Socialize—6:30 Meeting
Speaker: Juliet Rogers, RCS |
| 11 | Friday | Summer Fun “Beach Day at RHA Health Services (Howell)
Contact Maureen Comer |
| 14 | Monday | Board Of Director’s Meeting at Unitarian Church –2-4pm
RCS Shelter Dinner—Contact Maureen Comer |
| 18 | Friday | Lunch Meeting at Hibachi—11:15 Eat & Socialize
12:00 Meeting— Speaker: Renee Harrell, Family Literacy and Pre-
school Program of Craven County |
| 25-27 | Fri-Sun | NCDE District Convention, Greensboro, NC |

DOMESTIC VIOLENCE



Tova Hairston, Executive Director of the Coastal Women's Center for Craven, Pamlico, and Jones Counties, gave a very interesting and informative presentation on domestic violence at the Club's July 21 meeting. She informed the club that the Coastal Women's Shelter is the sole provider of domestic violence in the three counties. Every domestic violence situation is different. The Coastal Women's Shelter provides a safe house for those who need it. The average stay is 60 days but can be as long as 4 or 5 months.

The term "domestic violence" refers to a range of abusive behaviors: degrading remarks and cruel jokes, threatening looks, constant monitoring, economic exploitation, punches and kicks, sexual abuse, strangulations, suffocating actions, and homicide. Abusers use these tactics to gain power and control over their victims. Unchecked, domestic violence increases in frequency and severity.

While verbal and emotional abuse may be subtler than physical harm, this doesn't mean they are less destructive to victims. Many survivors have said that the emotional scars take much longer to heal than the broken bones. The overwhelming majority of adult victims of domestic violence are women, crossing boundaries of race, age, socioeconomic status, marital status, sexual orientation, mental or physical ability, and religious background. The overwhelming majority of adult victims of domestic violence are women, crossing boundaries of race, age, socioeconomic status, marital status, sexual orientation, mental or physical ability, and religious background.

The Coastal Women's Center offers a wide variety of services for victims of domestic violence. They may include:

Support Services

- Goal planning assistance
- Job skills training
- Job search/placement
- Parenting skills training
- Resources and referrals
- Medical accompaniment
- Health and wellness programs
- Onsite Mental Health Services

Children's Services

- Child development
- Safety planning for children
- Child care during support groups
- Pet Therapy

Legal and Financial Assistance Services

- Assistance with orders of protection
- Court/legal lay assistance
- Court accompaniment/advocacy
- Immigration services
- Financial empowerment training
- In-Shelter Financial Aid

Emergency Services

- Danger/lethality assessment
- Crisis intervention services
- Emergency shelter
- Case management
- Safety planning
- Domestic violence education
- Confidential shelter location
- Food and Clothing

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DOMESTIC VIOLENCE (Continued)

Housing Services

- Alternative housing counseling
- Transportation
- Relocation Services

Counseling Services

- Shelter resident counseling
- Non-resident counseling
- Peer Support Groups

Community Educational Services

- Domestic violence workshops

Eighty percent of the funds for the Coastal Women's Shelter comes from Government and Foundation grants. Twenty percent comes for businesses and individual donations. Volunteers are needed and welcomed. Strong community support can be of great benefit to the Shelter.

In appreciation for her presentation, The club contributed a can of Civitan peanuts and a check in support of the shelter,



IMPROMPTU CIVITAN GATHERING

Nineteen Club members gathered together at the City Laundry entertainment venue on July 27 to hear songstress, Alisha Mike, sing. Miss Mike pleased the full house crowd with her combination of old standard, romantic and light jazz songs. All who attended were wowed with her talent and easy going style.

In the future, we will try to do more of these spur of the moment soirees to share a social evening of informal fun with no set agenda.





WOULD YOU TAKE A DOLLAR?

June 10th saw what has become an annual fundraiser for our Club – a Yard Sale. Organized by Sharyn Foster, this event requires months of planning and preparation. Sharyn spends a lot of time throughout the year collecting items for sale. Our members contribute generously but once all of this is done – the REAL work begins. Items have to be organized and priced – not a speedy or easy task.

The day of the Yard Sale was beautiful. “We had an overwhelming amount of shoppers and it looked like a very promising day for raising money for our many charities. However, as it turned out, we didn’t receive as much money as we have in the past two years. Although we had a tremendous amount of donated items for the sale, we must not have had what most people were looking for,” Sharyn stated.

She said, “I was disappointed in the outcome as I was trying to beat last year’s sale of \$3,371. This year we were only able to raise \$1771.” It was not for lack of trying or lack of help from club members as 671+ man hours went into this project this year. “But, all was not lost because we donated all that was left over to Salvation Army and to the Humane Society for their Christmas in July sale and any other sales they do throughout the year.”

“I want to thank all my fellow Civitans who so graciously donated their time to help set up, sell, supervise, cashier and tear down the sale for without them I would not have been able to pull this off,” Sharyn remarked. “A very special thanks to ‘my girl’ Cindy Scalion who was with me every time I was at the KIA Building – helping me to organize, count and wash items that were donated. She helped me collect items from people’s homes and she was there whenever I needed her.”

We must thank Joe Alcoke for the use of his building. Regardless of the Sharyn’s disappointment, she was still the impetus for the Club having nearly \$2000 more for our charities. Congratulations, Sharyn, on a job well done in this “labor of love” as you selflessly gave your time and talent for others less fortunate in our community!

SAVE THE DATE...

Our **annual Installation Dinner** will be held on Thursday, September 28th, 2017 at the Chelsea restaurant starting with a Cash Bar at 5 p.m. Dinner will be a salad, rolls, buffet, dessert and soft drinks. Dinner will cost \$30.

Duane Capps, Civitan International President, will be our guest speaker and he will also install our Club Officers, our Board of Directors and the Club Officers of the New Bern High School Junior Civitan Club.

This Installation will be Duane’s last official act as International President. All members of our Club are encouraged to attend and spouses/guests are very welcome.

In order to get a count of how many will be attending, please contact Sharyn Foster at sarasgee@suddenlink.net or 635-1426 as soon as possible.

KIDS AND CANOES: MEMORABLE MOMENTS

We just completed a successful 6 weeks of Kids and Canoes. The New Bern Recreation Department helped re-energize this program by sending enthusiastic participants from their summer camps. Additionally, this was advertised to the public for individual sign-ups. As a result, we had approximately 125 participating paddlers altogether, 100 of whom came from the summer camps.



We had some experiences of note: A mother who turned over her canoe while paddling with her young son. Of interest to us was that she abandoned the canoe, paddle, and child as she swam to shore! Her biggest concern turned out to be the totally soaked smart phone in her pocket.

On the very same day, a snake dropped into a canoe from an overhanging tree, nearly causing two 8 year olds to abandon ship. Fortunately, our very own John Klecker

was able to capture the snake and throw it overboard prior to total panic.

And then we had a Rec Department supervisor borrow one of our kayaks which he promptly turned over. He was grateful to us, however, for insisting on keeping his smart phone on dry land. We did learn a lesson from the previous capsizing.

In light of this, why do we call it “successful”? The kids enjoyed the experience, there were no injuries, and in fact these incidents only made it more fun, especially as all Civitan members stayed dry! Many thanks to our Civitan volunteers: we had 16 different helpers, including 3 who helped haul the canoes, 5 who went into the water with their kayakers, and the rest providing shore support. With Recreation Department support, as well as the ongoing willingness of Sound Rivers (formerly Neuse River Foundation) to loan us the canoes and paddles, we hope to make this program even more successful next year.

Randy King

CIVITAN INTERNATIONAL CENTENNIAL CONVENTION

The 97th Annual Civitan International Convention celebrating our 100th year was held June 24-27, 2017, in Birmingham, Alabama. There was a very busy schedule to maintain and stay on track. And, finding my way through the maze of meeting rooms was a challenge for me.



Opening Ceremonies were on Saturday evening. That was a happy event. There was a salute to the Civitan family of nations -- we are now in 40 countries around the globe. We were introduced to our 2016-17 Leadership Team. Our Centennial President, our own Duane Capps, was having some problems with his throat and couldn't speak well, so our International Junior Civitan President, Cambron Bice, stepped in and did one fantastic job. Our Juniors are a phenomenal group of young people. The evening concluded with a Welcome Party, which included food, fun, and lots of laughter and chatter.



Sunday began with our First Business Session, which included reports from our International President Duane Capps, Executive Vice President John Rynearson, and Finance and Audit Committee Chair Bill Buscher. We met the candidates for the International Board of Directors. Next came the Civitan International Research Center Forum, with a report from our Research Center Interim Director, Dr. Alan Percy. The Research Center video will be shown to NBCC at a later date.

After lunch I attended a Round Table Discussion for Presidents and President-Elects. It was very worthwhile. I was wishing it could have continued longer than it did. I learned some interesting things. These I will introduce to our BOD for discussion and determination if they are do-able for us. I attended a workshop on YP clubs. This info will be presented to our BOD

The North American Awards and Recognitions were Sunday afternoon. Civitan's best clubs and districts in the areas of service, awareness, communication, and fundraising were recognized. Tryon Civitan Club received the recognition for the Best in Civitan globally.

On Monday, I attended 5 workshops, voted for our 2017-18 International President-Elect, our Region 3 International Director, and amendments to our By-laws, and was there for our NCDE Photo. Tuesday we began with our Business Session. We learned the results of the election, with additional updates and reports, and Junior Civitan International report. Our 2017-18 International President-Elect is Bob Jones from North Carolina West. Our 2017-19 International Region 3 Director is Tony Workman from NCDE.

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CIVITAN INTERNATIONAL CENTENNIAL CONVENTION (Continued)

began with our Business Session. We learned the results of the election, with additional updates and reports, and Junior Civitan International report. Our 2017-18 International



Bob Jones Civitan
International
President Elect
2017-2018

President-Elect is **Bob Jones from North Carolina West**. Our 2017-19 International **Region 3 Director is Tony Workman from NCDE**.

The Membership Extravaganza was a happy event. We heard from our 2017-18 International President Kendyl Massey, and met all the 2017-18 Governors. Our theme for 2017-18 is *Kindle Your Fire for Civitan*.

Bill and I went on a tour of our Research Center on Tuesday afternoon. It's amazing what is being accomplished there. An example: they have discovered there is a connection between what causes Down Syndrome and what causes Alzheimer's.

The closing banquet included good food, fun, laughter, chatter, and meeting more people and hearing more about the good things that Civitan does in this country and around the world. A Civitan International Honor Key was presented to two of my Civitan friends, both really fine people, both really great Civitans – Leigh Wilkinson from NCDE and Joe O'Toole from Chesapeake District.



Tony Workman

I want to thank all y'all for making it possible for me to attend this convention and participate in all the activities and events and workshops. I asked questions, got some answers, got some directions, and got some ideas. I very much enjoyed being there on your behalf.

Respectfully submitted,
Jan Snyder, 2016-17 President-Elect

WINNERS vs LOSERS

THE WINNER	is always a part of the answer
THE LOSER	is always a part of the problem
THE WINNER	always has a program
THE LOSER	always has an excuse
THE WINNER	says "Let me do it for you"
THE LOSER	says "That's not my job"
THE WINNER	sees an answer for every problem
THE LOSER	sees a problem in every answer
THE WINNER	sees a green near every sand trap
THE LOSER	sees two or three sand traps near every green
THE WINNER	says "It may be difficult but it's possible"
THE LOSER	says "it may be possible but it's too difficult"



FUNDRAISING NIGHT

Help support

NEW BERN CIVITAN CLUB

**August 22, 2017
4:00 P.M. - 8:00 P.M.**

at the Panera Bread bakery-cafe at

**2997 Dr. Martin Luther King Jr Boulevard
New Bern, NC 28562**

Bring this flyer when you dine with us and we'll donate a portion of the proceeds from your purchase. Please hand in a hard copy or show an electronic version of this flyer upon placing your order. Purchases of gift cards are not counted towards the event. It's a great way to combine great taste and great fun - for a great cause.

Learn more about Fundraising Nights at Panera Bread at:
www.PaneraBread.com/fundraiser